# PROGRESSED MOONS



## PROGRESSED MOON INTERPRETS THE FUTURE

The Progressed Moon is like a pair of sunglasses that don't change the world, but change the lens through which you see.

Each cycle/sign lasts 29 months (2.5 years) - moving 1 degree per month, and it's especially noticeable at the entrance and the exit. Pay attention to when it shifts from one sign to the other.

There's always a rhythm with the moon.

The introverted times are when it's in Earth or

Water, the extroverted are Fire and Air.

It's important to know your partner's progressed moon as well so you can support the people in your world.

To learn how to access your progressed chart, visit: debrasilvermanastrology.com/pm-download.

Energies change every 2.5 years. When the shift occurs into...













You will suddenly feel your energy increase.

This is the time to start athletic workouts.

Careful with your assertiveness!

Your independent desire has you standing apart - learn how to say "I'm sorry and I need help."





































You will feel yourself slowing down.

Repetitive behaviors serve you.

Life could be slightly boring - but productive.

Create a schedule.



































You will notice your energy increases.

Your attention goes from topic to topic easily.

Your communication skills increase in every way.

You will be drawn to studying or writing - as long as it's quick.





































You'll feel your energy soften.

Your home will become important, as will the desire to be with family.

Great time to pay attention to food and decorating.

Your emotional body may be far more open than you're used to.





































Your energy requires a lot of attention.

Take the time to study and learn about yourself.

Dress up and give yourself permission to shine!

> Creative projects are calling your name.







































You'll notice your health becomes a topic.

Cleansing and diet changes would be timely.

Organizing and work become easy.

Self-criticism may increase - be aware and be kind to yourself.







































You'll notice your desire to be with people.

Great time for collaboration with colleagues or partners.

Artistic impulse will show up with interest in clothes or art.

Decision making may be a little challenged.



































You'll notice your introversion calling your name.

This is a great time to do self-reflection and/or therapy.

Less talking, more feeling.

Addressing your need for intimacy and sexuality as a new topic.





































You will notice your energy increasing in joy and fun.

The desire to travel emerges.

Studying philosophy and/or astrology is timely.

Physical activity is required during this window.



































You'll notice your ambition toward work increases.

Financial considerations become present.

Time to plan and set goals.

Emotionally, feeling less connected but more ambitious.





































You'll notice you're feeling detached.

Great time for change and variations on a theme.

Fascination with astrology and metaphysics will increase.

This is a good time for community work or humanitarianism.





































You'll notice you're feeling highly sensitive.

There's an increased desire to be alone.

Spiritual matters and meditation are calling your name.

It's okay to be introverted and quiet.

























